# Bob Shannon Invitational, Saturday, February 6, 2016

**Teams Competing:** BW, CMU, Denison, Kenyon, MVNU, Muskingum, OWU, W&J, Waynesburg, Wooster

**Entries:** Due by 12:00 PM (noon) on Thursday, February 4th on Direct Athletics

# **4 Athletes Per Event for Field Events**

**Unlimited Entries for Running Events** 

**Schedule:** Rolling Schedule for Running Events and Field Events Field Events Begin at 12:00 PM, Running Events Begin at 2:00 PM

**Scoring:** 10-8-6-5-4-3-2-1

1/4" Spikes, NO SPIKES on the infield including HIGH JUMP

### All Team Camps and Warm-up Area in the Rec Gym

**Field Events** (Three Attempts, Top Nine Qualify for Finals)

12:00 PM: Women's High Jump followed by Men 12:00 PM: Men's Pole Vault followed by Women 12:00 PM: Men's Weight Throw followed by Women

12:00 PM: Women's Long Jump

Men's Long Jump will begin after completion of Heptathlon LJ

Shot Put will begin after completion of Heptathlon SP (Women followed by Men)

Triple Jump will begin after completion of Men's Long Jump (Women followed by Men)

# Running Events (Women followed by Men)

2:00 PM: 5000M Run

60M Hurdles Preliminaries 60M Dash Preliminaries Distance Medley Relay 4 x 200M Relay

1 Mile Run

60M Hurdles Finals (Men followed by Women)

400M Dash 60M Dash Finals 800M Run 200M Dash 3000M Run 4 x 400M Relay

Athletes must declare for the 200M by the completion of the 60M Dash Finals

# 3000M must declare by the completion of the 800M Run

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